

Lifestride Diagnostics



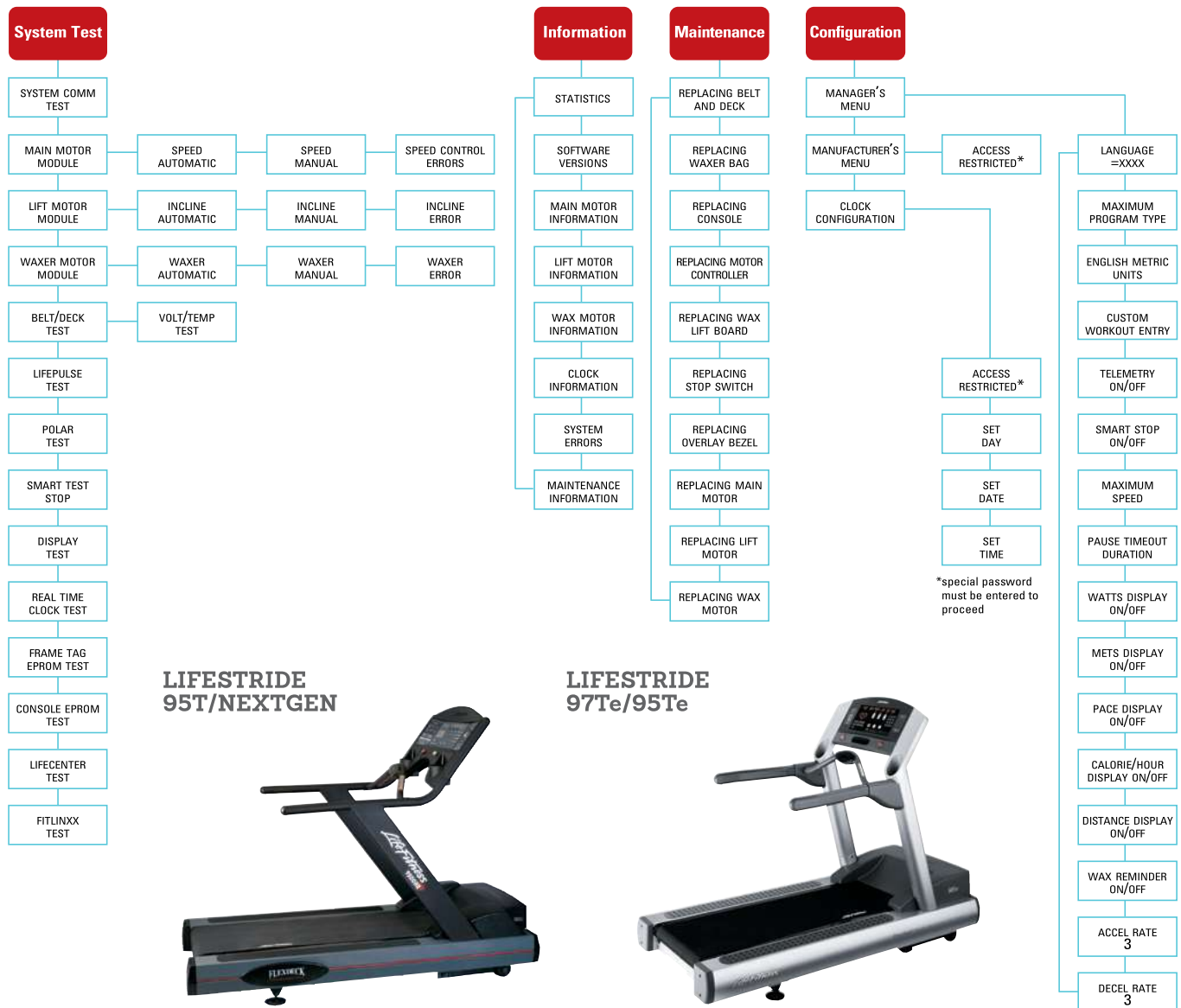
How To Access the Diagnostics Menu:

Lifestride 95T/NextGen

1. While pressing and holding PAUSE, press CLEAR twice. Continue to hold PAUSE until the display reads "SERVICE MENU."
2. Press any UP ARROW and select "SYSTEM TEST, INFORMATION, MAINTENANCE and CONFIGURATION" on the display.
3. Then press ENTER in the desired mode. The display will begin in scroll automatically through available options.

Lifestride 97Te/95Te

1. Hold the COOL DOWN button and tap the Life Fitness logo twice on the main display.



LIFESTRIDE 95T/NEXTGEN



LIFESTRIDE 97Te/95Te

